

## Epstein\_Ep7\_POD

[00:00:00] Hey everyone. Charlie Epstein here and welcome to my yield of dreams podcast. This is the show that asks the questions. What does it take to pursue your life's passion? I mean, to really go for what you've always dreamed about to do what you truly love and why does so many people sell out their dreams?

[00:00:19] There's an aspirations for job they hate and a paycheck. That's less than fulfilling during the show, I'm going to interview different people about how they've strived to go for their passions in life. And how do they balance that with the need to earn that paycheck. We're going to hold up in the light, your myths about money, not to try to change them, but to aluminate them to have you begin to discern, where did this come from and how do they impact your life in the distance decisions that you've made and to see if you'd be willing to just let them go.

[00:00:52] And maybe replace them with a new money strategy that will produce a better result and ease your pain and suffering [00:01:00] about your money. So let's dive right into today's show.

[00:01:09] Hey everybody, Charlie Epstein here yield to dreams and I am so thrilled and excited today to welcome a very, very special guest Remy at . Say hi to everybody for us.

[00:01:23] So you're in San Diego, I'm in winter park, Florida right now, and that's where we got the different hats on. And I'm just really thrilled to have Remy on today. A father, a husband, a pastor, an actor, a model, a speaker, a writer. And a Navy seal. So before we launch it and I want to thank you for your service to our country means a lot.

[00:01:48] Thank you. Thank you. Thank you for your support. It's been a good time. Yeah, so I've got four, three in the air force. Oh my stepson. My stepson is an intelligence in a way. [00:02:00] Uh, my son-in-law. Was a special forces, Iraq and Afghanistan, three times. He's now an orthopedic he's down in San Antonio running the PA program at the base.

[00:02:14] Yeah. And his wife, uh, my wife's dog or was a helicopter medic Kim. She was, she was actually at the Pentagon when the plane hit doing triage. And then my son I'm actually down here winter park, Florida, because he just moved into his apartment. He's attending full sail university. And when he was 16, he did the young Marine program.

[00:02:34] He thought he wanted to be a Marine. So, so thanks again for your service. Okay. Is he going into the Marines now? He's study musical production. It's going to go to the music industry. Real cool stuff. Really cool stuff. So, you know, before we launch it and I gotta ask one question. Yeah. What's with you and water and swimming, man.

[00:02:55] I mean,

[00:03:00] [00:03:00] I hate cold water now. I bet I don't want to swim before workout. I love swimming for fitness, but I just can't take that initial, that initial three to 10 seconds. Cold who weren't around. Right. But there was, there was a, there was a period of time when you were in real cold water for a long period of time.

[00:03:21] Right. It was freezing cold. So, I mean, it took you two or three times to pass the hell week swimming part. Right. You just have a week in general. So the first time, well, bloods in general, cause the first time through hell week, I almost died. So I was medically rolled back and then I started all over again with another class.

[00:03:47] And then I made it through hell week, but then when I got to dive phase, which was second phase, I failed a tread test where you have to tread water with twin 80 dive tanks for five minutes. It feels like you're drowning. Your [00:04:00] hands have to stay above water. It's the worst day I failed that four times. So then I got kicked out of seal training.

[00:04:06] And then when I went back, I had to start all over from day one. So I went through first phase all over again, made it through how we could get and then made it through the rest of the sewage. Right. Wow. So I, uh, for everybody that's listening, this is a Remy, his book is called transformed. And, uh, in the book, I just could hear all those Naval seal officers screaming at you.

[00:04:32] You're either hard or dumb. Yeah, that was the question. I would always get the hardest. Areas are harder dumb. So where, where did you, I mean, this, the cast is really about asking people a question. What did you want to be when you grew up? What are you now and what happened and, and you've been allotted.

[00:05:00] [00:05:00] Yeah. Uh, and, and traveled any roads. So if we go back in time and when you were born in Nigeria, right? Or were you born. Yeah, I was born in, I was born in Nigeria, uh, to a super wealthy family. My dad was, uh, a well known, uh, Nigerian engineer, philanthropist, businessman. He owned a bunch of different companies and uh, long story short, the Nigerian government stripped my father, his most valuable wax asset, which was Island, the islands Island.

[00:05:31] And, uh, he created the Island. It was a swamp, it was just water. And then now when that happened, he died weeks later. And he can no longer fight the government. So he went from, we went from rich to poor and that's when my mother moved us out of Nigeria and to the States permanently. Well, I mean your last name, uh, the translation that I got was that it means crown and it's the crown of is above the crown is above.

[00:05:59] Yep. Yep. So, [00:06:00] so my grandpa, my grandfather was a chief. In a year of a tribe. There's a few major tribes in Nigeria. One of them is a Yerba tribe. And in that culture, loyalty is referred to as chief. And your last name, I'm sorry, because of my grandfather status, you know, he got the title of chief and he was a chief in a year of a tribe and he was royalty.

[00:06:23] He had like eight, nine wives. Uh, my, my father's, uh, my grandmother. On my father's side, she was able to produce the first son. My great, my grandfather kept having daughters and it finally, my father came along and he was the first born son to my, my grandfather. And that's why he had naturally inherited the title of chief.

[00:06:43] Then obviously the last name. Um, so I do come from royalty and, uh, my grandfather and my father were both royalty. But then you ended up in the Bronx, which is not such a rural place, right? Not at all. Not at all

[00:07:03] [00:07:00] ahead. Your mom was. From that area, right? Yeah. She grew up right across the bridge in upper Manhattan. And, uh, and so, you know, when my father died, you know, she was just like, you know, I'm gonna go back to what I do. So we grew up in the Bronx and a really rough environment, especially growing up as a, you know, a mom being a single mom and struggling to provide for my brother and I and the education system being bad crime, just all of the things that were surrounding us.

[00:07:31] It was, it was a really rough environment. So how did, how does a young kid like it, cause you were five when you ended up coming over in the Bronx, right. And all those influence, how do you break out of that? I mean, how did you not end up for lack of a better word, succumbing to drugs gangs the whole nine yards for me.

[00:07:56] And I don't advocate this path, but for me, I had to get [00:08:00] into it to taste it. And I had to get punched in the face by it in order for me to realize that it's not the right path and it doesn't lead to anything. And so I did get involved in that. I never gave up, but I did get involved in drugs and other illegal stuff.

[00:08:15] And, uh, and you don't hang out with the wrong crowds and all that. And I, and I experienced that. I made a lot of money doing what I was doing, uh, illegally. And, but, you know, I had a huge wake up call when I got involved in a deal with a drug dealer to went bad. And that's why I say I'm only, I've always been really, really hard headed, which is, which has been an asset to me, especially going into a program like seal training.

[00:08:36] Um, and, and because I'm hard headed. Nobody could just tell me, you know, the fire's hot, don't put Jane,

[00:08:46] probably nobody could ever tell me. I need to physically put my hand in the fire to see how hot it is. And so that's just been my whole life, my entire life, even to this day. Uh, I can't take a person's work word for it. Uh, [00:09:00] so, you know, I got involved in that life and you know, I got burned, I got broken. It almost led to.

[00:09:05] Dire outcome. Um, but that was my wake up call. That that was when I decided, you know, what, my life was just threatened by this drug dealer. Why sold these products to, to do the last, as long as they were supposed to last, um, if I continue down this path, you know, the outcome is going to be even worse. And so that's when I decided, Hey, let me get out of it.

[00:09:25] So let me try something else. And then the Navy came, came marching along months later. So again, like. Had to try to avoid it at all. But you talk about it in your book before the Navy, you got into hip hop and you said something that really, I was blown away with that, you know, here you were, you didn't have a father and you said, I found a father in hip hop.

[00:09:50] I've never heard anybody say that. Can you, can you talk about that? Cause I think that's just an amazing. Yeah. Yeah. You know, I think, uh, having, you know, being a father [00:10:00] now and, uh, through son's about to have a daughter, you know, one thing that I've learned is that, you know, every, every, uh, every boy needs a man to teach them how to be a man, uh, in my opinion.

[00:10:11] And I also believe that that every, every girl needs a father, a man, a teacher, how to be loved by a man. Right. Like every girl needs. Yeah. So that she knows what to look for. I'll just have this conversation with my mother actually about an hour ago. And so I think it's just instinctive for every child to, if they don't have a father to find, find something to fill that paternal void.

[00:10:36] And so for me, you know, I didn't have a physical father. And so what I found to fill my paternal void was hip hop and then street culture. Well, because I was able to look at these, these Ben looked like me, who came from the same background. I came from, grew up in single parent homes like I did, and I was able to say, okay, Those are my fathers.

[00:10:57] I'm going to follow their blueprint. [00:11:00] I'm going to, I'm going to do what they did. They get to where they were. And so, and so that's why I always say hip hop became my father. And if it wasn't for every child, I think it's different for some, for some kids. It's it's the relationship is where they find their, their father or money is where they find your problem or business or whatever.

[00:11:19] And that, for me, it was him. Now, is there any way to talk about fathers and daughters? So I have a daughter who's 25 and when she was growing up, I said to her, one day I said, honey, there's not much I can teach you. This is what I got. I said to her, a couple of rules, rule, number one, always ask for what you want.

[00:11:41] Yeah. You may not get it. And then. Rule number two is contrary to your greatest hopes, wishes and desires, men and boys. Can't read your mind. Go back to rule number one. Yeah. Because, [00:12:00] because girls, women don't ask for what they want. No, that's true. That's true. You know, so that's it. That's all I got rule one and rule two.

[00:12:08] Okay. And let me know, it's working. That's funny because I mean, that's where me and my wife get into it so much, you know, she'll assume that I know that I have an answer and she's like, why don't you do this? Like, you can tell me, I didn't need to tell him you didn't you read my mind, didn't share them.

[00:12:27] Don't you know what I'm thinking? Yeah. I'm like, I'm having a hard enough time just breathing oxygen today. Dear. Know, and women are, women are really diametrically. Women are really good at picking up those messages. Right. So they're really good at there'll be something going on in our mind and they'll just like, they able to figure it out.

[00:12:51] Right. But yeah, I'll tell you, there was a scene that just kept popping up as I read your book. [00:13:00] And it's the angel scene. And I really wanted to talk about this because so many people don't listen. I mean, forget about just listening like you and I talking, but they don't listen to the unspoken and those angels.

[00:13:21] And you know, so when you were a. Yeah, petty officer Tiana res you said, you know, she was your first angel. I called. She was also right in advocate. And you had mentors in my show, yields dreams. I talk about when I got out of college and was going to go be a star actor in New York, I happened to meet somebody in the financial world instead of being a starving actor.

[00:13:45] I wanted to insurance business and starved to death, but I had a mentor. So. Tell me about how important angels have been in your life and how you've been able to listen

and [00:14:00] recognize them. Does that make sense? Yeah. As far as listening recognize them, I look back in my life. I had to look back to realize or recognize them.

[00:14:10] That means.

[00:14:13] You just, you don't really recognize sometimes for me, at least it's hard to recommend in reflection. It's like, okay, this is, this person came at this perfect time. Like, you know, that had to be a godsend now as being older. And wiser. I'm able to recognize a lot faster, which could be a bad thing at times because somebody who you perceive to be an angel, uh, could be a devil.

[00:14:40] And if he accepted it as an angel too early, you end up paying them in where later? Um, yeah. I can't take credit. So credit for being where I'm at today, you know, it was Tiana Rita who came in my life and my life at that perfect time, which helped me [00:15:00] to get into the Navy. It was Mondo. He gave me the money.

[00:15:03] It was, you know, my agents who, who, um, at my first command who gave me the time have worked out in my H in one Roscoe app that can kick out a sewage training advocate community, give back the sewage training. That's been my entire life to date, like Lieutenant Colonel Murray, who was your swimming mentor?

[00:15:21] Right. The Colonel Murray and the list goes on and on and on, you know, even, you know, even in the book deal, Kathy, we gift, but she was the one who walked me to the publisher and said, you need to sign this sign has got to a book deal because he has an amazing story. So that's, that's just always been my, my life.

[00:15:41] Alright. So wait a minute. We got to pause Kathy Lee Gifford. So here you are, you're a Navy seal. How did that come about? You left the service and how did that happen? Yeah, so I, uh, when I, when I was actually still in [00:16:00] the service where the end of my career, I was introduced to her son, Cody Gifford and was, uh, he was at Oxford at the time.

[00:16:10] Or getting ready to, I can't remember. I think it was at Oxford at a time when he had gotten back from Oxford on break and he was doing his thesis on the unit DT, which are the original Navy seals from world war II and the origin of the unit. He spoke to a woman, a mutual friend of ours, and she asked me, he's like, you know, I'm trying to get in contact with Persil so that I can get some more information on the UDT.

[00:16:35] And so that's how we got connected. I brought him down to the seal training compound, gave him a tour and all that stuff, and we kind of became friends. And then, and then, you know, he eventually introduced me to his mom and, and that, so that's how it all came about another angel, Kathy Lee. Yeah. Yeah. It's like, it's like amazing.

[00:16:58] So now. [00:17:00] You also got into the movies at that time, too, right? Didn't you have a small part. There was somebody that kept bugging you when you kept saying no. No, no, no, no. It kind of, I mean, there's more to the story, but in short, I was in grad school. I had just got up the notes or thought five months earlier.

[00:17:19] And, uh, I, uh, I was in grad school writing papers and my phone rings and it's the same woman who had rubbed me the year before to do some commercials and stuff. And, uh, and she might've Bay able to start in another film called transformers the last night. And she was looking for somebody with my background to help out on a project.

[00:17:39] And it was just stressful one day, but that one day turned into three days and I'm sorry, I turned it into two weeks and two weeks turned into six months and ended up getting a role in the film and consulting on the film. And that's how I got to the film, the TV industry. Like I was not, I was not looking forward at all.

[00:17:55] It was not anything I was trying to do. I was actually getting my [00:18:00] masters because I had already been doing corporate consulting. And get my masters in order to kind of have more credibility in that space. One thing to have the background of Scott with special operations, cause that does open doors, but sometimes going into these companies, they want to see that, that degree, they want to see that you actually, you know, received, uh, education in these concepts and not, you don't just have the experiential knowledge, you know, that's was my focus.

[00:18:29] And then, you know, how it would call and, and, you know, I, I tried it out and it ended up working for me big time, you know, it ended up turning blossoming into a career. Yeah. So you're working on some pretty, uh, can we talk about the projects you're working on? Is it still has shops. Uh, some of them, so one of them, you know, was announced on deadline.

[00:18:49] I wrote to your cohort, a TV show and a series called, uh, uh, we're calling it eating to now, but it's based off the book, slaves dealers. As a matter of fact, I [00:19:00] ended up co-writing it with Cody Gifford. Wow. Well, you know, he went to Oxford for writing. I'm a writer. And so we just decided to, to bring our, our gifts together and write this TV series.

[00:19:12] Um, so that, so that's, that's already been announced. We, we, we already turning our pages. Um, so we're just now waiting for the producers to define a distributor for it. It's a fascinating story to season one focuses on, um, Harriet Jacobs. A lot of people know about Harriet Tubman, very competed with Jacob's hair.

[00:19:33] This was the first no one female slave, uh, to have, you know, written home. She was intelligent. She was really intelligent and yeah. And in short, she, she put her body. Through some really harsh extremes it in order to escape slavery. So, so her story is not just, not just one of those, Oh, another slice or it's like a story of survival.

[00:19:54] It's a survival story. And then on top of that, you know, there were certain things that she did from [00:20:00] a spider. Standpoint that those terms that even exist at that time, she was kind of writing the book as it relates to being a spy and sending false messages and hiding a certain, I mean, she just, it's amazing.

[00:20:14] And a lot of it came from the fact before she was sold into slavery because she was actually, she was actually born semifreddo. I say that because her, her slave, okay. Original slave owner, I really believe in slavery as much. And so she taught her how to read, taught her, how to write. She, she let her, I mean, this girl that she didn't have to be work as a slave.

[00:20:37] She was just treated as a little girl. And then, uh, and then before her slave owner died, um, she had put her, her will to set her free set her free and her entire family free, but somebody forged a will. And she was essentially what sold into slavery. So, so, um, so yeah, her, her story is just, I would have to get stories.

[00:20:59] Um, so that [00:21:00] season one is going to focus on her and then season two, we'll focus on another slave steal the story. It doesn't have to necessarily be something from 1800 story from. Last year and people escaping slavery and somewhere in South America, or it could be a story from the Roman era, you know? So, so we kind of set this up so you could tell these amazing untold slave stealing stories, hence the title of the books lays dealers.

[00:21:27] Nice. So I'm sitting here listening and I'm thinking my listeners are also thinking, okay, wait a minute, wait a minute, wait a minute. Grows up in Nigeria. Survives, the Bronx survives being a Navy seal. None of this has anything to do with where you are now. What, what is that you, you said, you know, you gotta put your hand on the fire.

[00:21:53] In order to experience it. And here you are here, you are writing in Hollywood [00:22:00] was really little or no experience. How does that happen? How does that happen? You know, in all honesty, you know, I did have a lot of experience. Just didn't recognize it until later my mom, as a kid, you would make my brother and I read the New York times and pick articles out and write reports on them.

[00:22:17] And if the articles weren't and that the report, the reports weren't near perfect, she would make us start all over it. So that's where I got my starter writing. And then fast forward to the seal teams. I had two jobs. I was a medic, but I was also humid guy. Humid stands for human intelligence. So I worked the walls, different intelligence schools, a lot of seals try to stay away from that specific specialization because it requires a lot of writing.

[00:22:40] You have to write intelligence report. You can't just. You know, go do whatever you're going to do, meet whether it's meet somebody or go on a mission and then come back and chill, you actually have to do the work. And then you have to go four hours and right. Very likely, uh, intelligent reports that you know, are going to [00:23:00] go up the chain of command that are going to go to the generals and put them government officials and may make its way into the president's desk.

[00:23:08] Right. So, so you can't. Yeah, right. Jibberish. And you have to write it away where the money could pick up that report 10 years from the time that was written and reading as though what happened that day. Right. And so that's where I really learned how to write visually. And, uh, so again, I always had the experience.

[00:23:27] And so when it came time for me to write my book, that's how I wrote my book. I, you know, I used the lessons that I learned from my mother and the lessons that I learned from writing and special operations and apply that to my book and then transitioning to writing films and TVs shows, which is completely different from writing a book.

[00:23:44] I took the lessons I learned from writing a book as far as story arc and structure and that sort of thing. But the structure changes for screenplays. Because you have a lot less time to tell the story. Whereas in a book you have pages, a page, the screenplay max will film 120 pages for TV show [00:24:00] 60 pages, cause a page equals a minute.

[00:24:03] However, now with streaming me to go up to 75 pages for four show. And so, you know, I just, I just watched a lot of videos on screenplay writing lessons from a script. There's all these YouTube videos. I've downloaded the masterclass and went through Aaron Sorkin's. Yeah. Fantastic. Unbelievable. Yeah. Yeah.

[00:24:24] When I work out, you know, I don't listen to music. I haven't listened to music for years, probably since I got into writing, I haven't listened to music. All I do is I listen to, I listen to different, um, essays on film and TV writing, right? So I sell, so I'm, I'm, I'm constantly learning. And then I'm constantly applying the lessons that I learned from writing all the projects into the current projects and a worker.

[00:24:46] You know what you're saying right now is priceless. And I just want to stop because I want our listeners and viewers. Take here that education never stops. You know, my mother is 93 and she's still learning to this day. The [00:25:00] mind is constantly, which is why she's 93 and so alive. But folks, if you're listening, you're watching.

[00:25:08] So first of all, Remy is referring to masterclass. It was just Google masterclass. Anything you want to learn from the best in the industry and any subject cooking sports writing. Acting performing. It's all there for 185, always. I mean, it's, it's ridiculous how inexpensive it is. And then the other thing Remy is talking about, I love what you're talking about.

[00:25:33] Actually, there's a quote. Can I say it's your mother? I love this said all we have to work work with is what God has given us. Don't count on it. Anything else in your book? There it is. Right. Yeah, everything you need is within, you know, I did a, I did a social media post on that the other day. And the posts was simply, you are not right.

[00:25:58] That you need to go, [00:26:00] you know, it's within you, the wisdom that you need to go to college or wisdom that you need to go on YouTube and learn other concepts as to wisdom that you need to go connect with a specific person. Like all that is that your is within you. You just have to, you just have to utilize it.

[00:26:16] That learning process, right? It never stops. It's endless. It's endless. So, I mean, as you look out into the horizon now, if it was three years from today and we were sitting here and you were looking back, what would have to happen for you to be satisfied with your progress? What would have to happen for me to be satisfied with my progress.

[00:26:40] I mean, at the end of the day, for me, life is not about me anymore. Years. Life was about me, but once I came to faith, you know, I've learned that life is not about me. It's about other people. And so the way I measure successes, Uh, for the most part is how am [00:27:00] I making the lives of the people around me in my media circle, better, which stack starts with my wife and my kids.

[00:27:07] You know, my kids are absolutely everything to me. Me, this would be is. My kids growing and growing into better people every day and getting education and learning and having what they need. Right. You know, happiness for bees, seeing my kids, you know, we live on that same mystical split. You haven't read my book.

[00:27:30] You know, I grew up in a, but we live in a million dollar house. Right. A massive house. We have a massive backyard. Right. Uh, so. You know, to see them be able to run around the backyard and, and watch TV and play in his house is that's success to me. Right. So maintaining his life with them so that they have a way better life than I, I had that to me is progress and success.



[00:27:59] And there's been [00:28:00] an, that begins to. It goes in and expands from my immediate family circle to friend people who work with me, friends, and then, you know, people who I'm able to influence via social media. That's what progress is would look like to me three years from now is how I am able to positively influence those around me and lift them up.

[00:28:24] Well, you say it in the book, it's all about being a hero to other people and God it's so critical. You know, I'm 62 now, 63. And, uh, the show that I'm working on yield to dreams, you know, in the show, I have a section where I just look at people and I say, you know, how many of you came in here tonight, the audience with a baggage full of your doubts, right?

[00:28:47] And then I quote Shakespeare to be, or not to be, that is the question, you know, because Shakespeare could never take action. He was always doubting everything. And so for me, I look at the audience and I say, if you want to doubt something, Why don't [00:29:00] you doubt your doubts? Like people don't. I think their doubts are real.

[00:29:04] They're like concrete. They're like the wall and they never hold up. Where'd the doubt come from? How did I, how did I create that? And I see what you're doing, because I'm sure you had doubts in your life, although, right. But when you flip it to being a hero to other people, The mirror shines on, on them and not on you, like you said, the light shining, what could I do today to be a hero to my wife, my kids, my, the people I'm writing with, uh, the production team, the person bringing the food while I'm working on the set and that kind of thing.

[00:29:45] Yeah. I mean, that's. Yeah. And once you, once you live like that, I was having this conversation with a friend of mine. Last week, actually, once you live with that mindset of service to other people are more [00:30:00] fulfilled. Because the funny thing is when I was living at service to just me, I was never fulfilled.

[00:30:06] I always wanted more. I always needed more, just needed to be big. It just needed like this. It was never right, right. Yeah. Yeah. Yeah. Cause that's being selfish. Selfishness has never satisfied. It felt selfish, self centered. I mean, we all do it. You know what I mean? No. When I was starting in business in my twenties and thirties all was about, it was all about my ego.

[00:30:30] And I said caught the other day. That said an ego is just an overdressed insecurity. Yeah. I freaking love that. So it's just amazing. Absolutely amazing. Well, I'm getting signal from our producer Patrice. Oh, great.

[00:30:51] Yeah. I see your dog here. They're running it. I was hoping the kids would come running in. Ah, you know what? I can do that. I think, cause [00:31:00] my wife is teaching them right now. They get in trouble with my wife. So actually I just, I just want to touch on that. How is COVID affecting you, the family, the work and that kind of thing.

[00:31:15] How are you overcoming that? Is it an all, honestly, it hasn't been much to overcome, you know, my whole life has just been situation happens. You have to adapt. Right. And so. Pull my kids out of school, obviously. And now they're in there. We're homeschooling them, making it work. We just hired, we hired a tutor to help out.

[00:31:38] We have a nanny and my wife she's on maternity leave now, but beforehand, she only worked, you know, three days, one week, two days next week. So those days she wasn't working, she was homeschooling them. So here's the situation get punched in the face, react to it. You know, you adapt to it. Charlie, Mike, which has continued mission.

[00:31:55] So it hasn't been. What'd you say, Charlie, Mike? Yeah. [00:32:00] Charlie might continue mission. So an end and then the military rehab, you know, instead of saying, you know, ABCD or EMG clarity, safe use sort of sofa, alpha is a Bravo. Yeah. Trolley Mike, the M continue mission. You, you just made me think of a line that I use in the play in my plate, yield the dreams.

[00:32:25] Yeah, as I talk about every, you know, having a plan and you know what, you know what Mike Tyson said about having a plan, it was plan change. Once you get punched in the face until they get punched in the face. Well, Remi you've been punched in the face more times than I could count in your book. Everybody get this book transformed.

[00:32:47] It's an amazing story about amazing man who is just. Full of face full of love, full of compassion, full of guts. The man is steel [00:33:00] and, uh, I just wish you so much success. And I can't wait to see the other projects that you shared with me that we want to talk about today. Come to fruition then, but I know there's going to be great things and we're going to see you accepting whether it's an Emmy, a Tony or an Oscar.

[00:33:13] I know that it's in. That's that's that's what's next, man. Talk about that, but that's the what's next?

[00:33:25] Absolutely. Absolutely. And, um, how can people reach you? How can people reach you on social media? Any platform, Instagram, Twitter, Facebook, LinkedIn, all Remy Adelaide. I was blessed with a unique name. So it's just Remy Adelaide. My book could be found wherever books are sold, Amazon Barnes and noble books, a mail and everywhere were books.

[00:33:44] It sold more book be now, as a matter of fact, the paperback is going to release. My publisher just told me today, a paper that backward is going to release, um, may have, uh, May 18th of 20, 21. We have to push it cause COVID so, yeah. And you know, but you can get it anywhere else. [00:34:00] Nice really appreciate it.

[00:34:02] Thanks for being such a great hero to everybody. Thank you for the flexibility. Having to cancel canceling. We're going to stop now, but don't go away Patrice. Right? You don't want to wrap it up yourself? Oh yeah, please. Okay. The tag. All right, folks. So you can also reach me, [Charlie.epstein@epsteinfinancial.com](mailto:Charlie.epstein@epsteinfinancial.com).

[00:34:24] You want to download the podcast yield of dreams, which you're listening to right now, but please make your comments down below. Let us know how you feel about what I'm talking about. And don't forget if you want to get my free deck of cards. Our desirement yielded dreams, decks of cards to find out where your priority goals are, what your desired goals are and what your myths about money are.

[00:34:47] Just go to Epstein financial and we'll send you out a free deck. And if you'd like some help support or have a conversation yeah. About it, you can reach me at (413)

478-8580. That's direct [00:35:00] peace out. Everybody really appreciate it. And as Remy said, think about being a hero to somebody today, that'll make a big difference in their life.

[00:35:08] And I promise you and yours too. Peace.

[00:35:15] I want to thank you for listening to my podcast, yield of dreams and learning how you can create paychecks for life to ease your pain and suffering about your money. Getting to pursue all of your passions, dreams, and aspirations. You're listening to Petro Martinez, jazz music. Amazing sound. Be sure to look him up as well.

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